

INSERVICE HANDOUT BIG GROUP ACTIVITIES

Bruce Brinkman Jordan School District

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1. NUTCRACKER WARMUP (SEE BACK OF HANDOUT)
2. INDIANA JONES THE GROUP MAKES 2 CIRCLES , AN OUTSIDE CIRCLE AND A SMALLER INSIDE CIRCLE. THE PLAYERS FROM EACH CIRCLE FACE EACH OTHER. A PLAYER GOES INTO THE CIRCLE PATH. THE OTHER PLAYERS PUSH THE BALL AND TRY TO TAG THE RUNNER WITH THE BALL. THEN SWITCH RUNNERS. NO KICKING THE BALL. CAREFUL WITH OTHER PLAYERS WHILE PUSHING. STAY OUT OF PATH OF RUNNERS.DO NOT STOP THE BALL.
3. CHINESE JUMP ROPE JUMPS: BASIC, DIAMONDS, CLIFFS, SNAP BACK, SAIL BOATS. DANCE
4. PARACHUTE FUN POPCORN, PIZZA, JAWS
5. ROCK, PAPER, SCISSORS FEET TOGETHER: ROCK, FEET APART : PAPER, FEET FRONT AND BACK : SCISSORS CUES READY, SET, GO JUMP ON READY AND SET LAND ON GO
6. SIMON SAYS TO KEEP PLACE IN LINE

Music iTunes

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| 1. Nutcracker Suite, Op.71a: Russian Dance (Trepak) / Wiener... | 1:09 |
| 2. Raiders of the Lost Ark (From "Raiders of the Lost Ark") / Jo... | 5:11 |
| 3. Raiders of the Lost Ark (From "Raiders of the Lost Ark") / Jo... | 5:11 |
| 4. These Boots are Made For Walking / Rugrats (Geri Halliwell) | 3:04 |
| 5. Neutron Dance (From "Beverly Hills Cop") / The Pointer Sist... | 4:13 |
| 6. Dance to the Music / Sly & The Family Stone | 2:59 |
| 7. Who Let the Dogs Out / Rugrats (Baha Men) | 3:19 |
| 8. Who Let the Dogs Out / Rugrats (Baha Men) | 3:19 |
| 9. Can Can / Circus Band | 1:38 |
| 10. Woo Hoo / The 5.6.7.8's | 2:02 |
| 11. papa joes | 2:36 |
| 12. That's Amore / Dean Martin | 3:08 |
| 13. Happy Working Song / Amy Adams | 2:10 |
| 14. Jump / Van Halen | 4:02 |

TREPAK (Russian Dance)

From the NUTCRACKER

